

In Times of Crisis

Prepare for Disasters!

Disasters such as earthquakes, tsunamis, and floods occur without a moment's notice. It is important to be prepared on a daily basis, such as preparing an emergency kit and checking your nearest evacuation sites. You can find more information on the city homepage.

Registered list of persons requiring assistance during a disaster (infants, expectant mothers): 0244-23-3680

This list is designed for pregnant women and infants who need assistance during a disaster. If you register to be on the list, it will be used to confirm your safety and provide assistance during evacuation in the event of a disaster.

Necessary Disaster Preparation for Families With Children

Items for All Families

Mother and Child Health Handbook, Health Insurance Card, Hanko/Seal, Cash Card, Bank Passbook, Patient Registration Card, Daily Medications, Masks, Whistle, Radio, Wet Tissues, Water, Change of Clothes (Underwear), Towels, Toiletries, Flashlight, Slippers, Raincoat, Umbrella, Jacket, Picnic Blanket/Blanket, First Aid Kit, Large Plastic Bags, Etc.

Always prepare emergency kits for evacuations that include the necessities for each child.

Families With Pregnant Women

Depending on which trimester she is in in her pregnancy, prepare as if/in case your child may be born by including items into your emergency kit such as Absorbent Cotton, Large Gauze, Bleach, T-Shape Loincloth, Cleaning Cotton, Newborn Baby Products (Diapers, Underwear, Etc.), Tissues, Vinyl Furoshiki, Newspaper, Soap, Etc.

Families With Newborns

Milk, Baby Bottle, Baby Food, Water, Spoon, Diapers, Baby Carrier, Bath Towel or Baby Blanket, Gauze, Etc.

Families With Toddlers

Diapers, Gum, Candy, Toys, Picture Books, Coloring/Drawing Supplies, Etc.

Minamisoma Emergency Information Email Service (Free)

This service allows you to choose what sort of information you would like to receive concerning disasters, accidents, etc. If you want to apply for this service, please send a blank email to the following email address:

minamisoma@cousmail-entry.cous.jp

If you can't receive mail from this address, make sure you change your email settings to allow incoming mail from minamisoma@cousmail-entry.cous.jp.

Securing Your Contact Method: Disaster Messaging Dial

In the event of a disaster, it will be difficult to connect with your phone and it will be difficult to confirm the safety of your family and relatives. If you record a message for your family on the Disaster Message Dial "171," they can confirm your safety by calling this number and playing the message later. For more information please see the Home's Hello Page.