When Your Baby is Born

Congratulations on the birth of your child! Let's raise our children together as a family and as a community.

After Childbirth (Postnatal Check-Ups)

During hospitalization, congenital metabolic disorder tests and neonatal hearing tests can be taken at the hospital with the support of the prefecture or city. (Please consult with the hospital.)



Birth Certificate

(Be careful about the deadline for submission. Please submit only on weekends and holidays.)

Create your baby's family register (戶籍/koseki) and certificate of residence (住民票/jumin-hyou) within I4 days of birth. Please apply at the Haramachi City Hall Civic Affairs Division, the Odaka Ward Office Counter, or the Kashima Ward Office Counter.



Submitting the Birth Announcement Form

If your newborn's weight is less than 2500g (5.5lbs), please submit the birth announcement form (postcard) that you received with the Mother and Child Health Handbook along with the birth certificate for the underweight child to the health center. You can also submit it to the Civic Affairs Division along with the birth certificate.



Taking out Health Insurance for your Baby

Parents with National Health Insurance -> At the Civic Affairs Division or ward office Parents with other kinds of health insurance -> Consult with employer or your insurance association



Child Allowance and "Welcome Baby" Birthday Celebration Gift Application

Please complete the application at the Children's Home Division.



Child Medical Expenses Subsidy Procedure

After you get your child's health insurance card, please complete the application at the Children's Home Division.

Children's Home Division: 0244-24-5215

If a premature baby is hospitalized at a designated child-care medical institution by a doctor for having a weight of less than 2000g (5.5lbs) at birth, etc., his/her medical expenses and dietary expenses will be covered by insurance.

XSome parents will be responsible for their own expenses.

When Your Baby is Born

-----Get Health Check-Ups and Vaccinations -----

♦ Newborn hearing test, I-month baby health checkup, I-month postnatal health checkup

This is for children and mothers who have given birth at a hospital. Be sure to see a doctor for the health of the child and mother. The newborn hearing test fees and the onemonth postnatal checkup fees are subsidized.

♦ Contact/Visit From the Nurse

When a child is born, a nurse will make a "baby visit" about two months after birth. At that time, you will be given a "vaccination voucher."

- ♦ Medical examination for 4-month-old children (for infants aged 3 to 4 months)
- Medical examination for IO-month-old children (for infants aged IO to II months)

We will inform you in advance via mail. We carry out measurements and an internal medical examination, and provide childcare and nutrition consultation.

♦ Vaccinations

Please check out the city homepage.

-----Consultations and Classrooms-----

Around the city, we have services such as the Baby and Mama Refresh Gymnastics. It is possible to consult with specialists via various methods such as over the phone, email, visiting an establishment, or having them visit your own home.

<u>Contact</u>: Health Promotion Division, Mother and Child Health Section (Haramachi Health Center) 0244-23-3680

Homecare Support Grant (Only for Qualifying Persons)

This grant is issued to parents who care for children under the age of 3 at home. When applying, you can also consult about childcare at the venue.

How often the grant is given: Twice a year (late August and February).

Qualifications for the grant

- · Being a guardian of a child under 3 years old.
- · Both children and parents must be registered residents and actually reside in the city.
- There is a month in which the child is not allowed to enter a public/private nursery or a non-licensed childcare facility (including in-hospital or in-company nursery school), etc., and is raised at home.
- They have not been approved mid-year entered a licensed or unlicensed childcare facility, or has not left the child in the care of others.
- There is no discrepancy in the payment of city taxes.

Grant amount: ¥ 10,000 a month (per child) It is issued every six months.

Contact: Children's Home Division 0244-24-5215