

Child-Raising Support

Get Health Check-Ups and Vaccinations

- ◆ Medical examinations for 1-year-and-6-month-old children (1 year and 6 months to 2 years old)

We will inform you in advance. We will carry out measurements, an internal medical examination, and a dental examination. We will also offer childcare, nutrition, and development consultations.

- ◆ Medical examinations for 3-year-olds (3 years 6 months to 4 years old)

We will inform you in advance. We will carry out measurements, a urinalysis, an internal medical examination, and a dental examination. We will also offer childcare, nutrition, and development consultations.

- ◆ Vaccinations

Please see the Health Promotion Guidebook and the city homepage.

- ◆ Dental examinations for 1-year-old with fluoride treatment

We will inform you of the schedule availability at the 10-month-old medical examination. Please check out the city homepage.

Contact: Health Promotion Division, Mother and Child Health Section
(Haramachi Health Center) 0244-23-3680

Consultations and Classrooms

- ◆ Nakayoshi Open Space (reservation required)

You can consult about physical measurements, childcare, nutrition, and dentistry matters. Please bring the “Mother and Child Health Handbook” and a bath towel.

- ◆ Infant Development Consultation (reservation required)

Psychologists will consult with parents who are worried about their child’s development regarding infants who are slow to speak, restless, etc.

- ◆ Speech Consultation (reservation required)

General consultations will be conducted by a speech therapist for parents who are worried about language development delays or pronunciation.

Contact: Health Promotion Division, Mother and Child Health Section
(Haramachi Health Center) 0244-23-3680

Child-Raising Support

Haramachi Child-Raising Support Center (Within Haramachi Azuma Preschool)
Haramachi-ku, Azuma-cho 3-Chome 7-4 TEL 0244-24-4558 (FAX IS SAME AS TEL)

We provide support for anxieties and concerns regarding child-raising and child-rearing support. We also lend space to parenting circles and provide a place for parents to interact with each other.

- ◆ **Childcare Consultation:** We will provide consultations regarding childcare concerns. Fax consultations are also available.

Please make a reservation in advance for consultations in person.

Telephone consultations: 8:30am to 5:00pm | In Person Consultations: 8:30am to 5:00pm

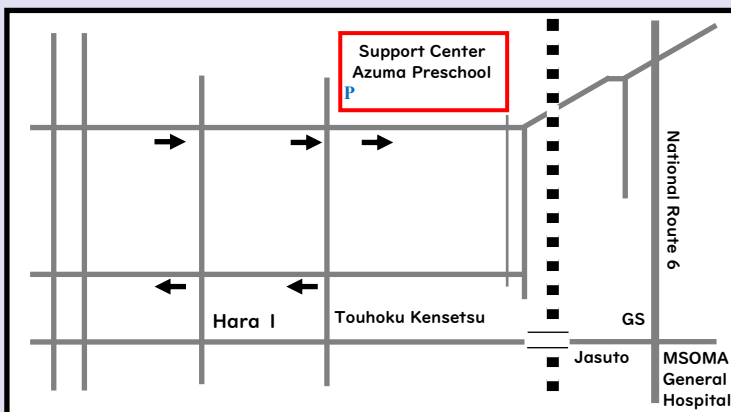
- ◆ **Chibikko Open Space:** Parents and children enjoy playing in all seasons in a place provided for interaction. Reservation required. (Open from 10:00am to 11:00am)
 - ◆ **Niko Niko Open Space:** A nursery teacher visits each Lifelong Learning Center in the city to provide fun for parents and children. Reservation required. (Held from 10:00am to 11:00am)
 - ◆ **Childcare Support Circle:** Every Monday, we lend a place for childcare circles.
 - ◆ **Child-Rearing Salon:** We have opened a facility to exchange childcare information and allow children to play freely. There is also a time for parents and children to dance, sing, and read various picture books and stories.
- Date and time: Tuesday to Saturday from 9:00am to 11:30am and 1:00pm to 4:00pm.
- ◆ **Childcare Classroom:** We offer 10 childcare classrooms throughout the year for parents and children. Classes available for ages 1 year old and classes for 2 years and older. Reservation required.

Content: Making snacks, first aid, dental care, etc.

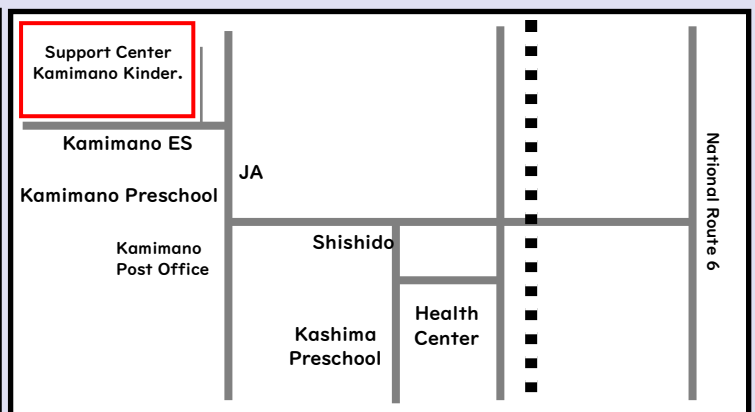
Kashima Child-Raising Support Center (Inside Kamimano Kindergarten)
Kashima-ku, Yamashita, Nakanouchi 273-1 TEL 0244-47-2147

- ◆ **Child-Rearing Salon:** Children can play comfortably in a free environment. Parents can exchange child-raising information with each other as well as consult about child raising.

Times: Mondays to Fridays from 9:00am to 11:30am | 1:00pm to 4:00pm



Haramachi Child-Raising Support Center



Kashima Child-Raising Support Center